

Certificate Course in Beauty and Hair Lab

Offered by: Centre for Innovative Skill-Based Courses (CISBC)
Open Learning Development Centre (OLDC), University of Delhi

Duration: 03 Month

Mode: Offline (Practical Training)

Course Fee: Rs. 10,500/-

Eligibility: 10th Pass or Above

Course Structure

Week 1–2: Skin Basics & Threading

- Types of Skin – Theory
- Threading (**High Priority**)
- Bleaching

Week 3–4: Waxing, Manicure & Pedicure

- Waxing:
 - Beans Wax (**High Priority**)
 - Paraffin Wax
 - Rica Wax
- Manicure
- Pedicure

Week 5–6: Facials & Skin Treatments

- Facials
- Peeling
- Thermoherb
- Skin Treatment

Week 7: Machines & Advanced Skin Tools

- Ultrasonic
- High Frequency
- Galvanic

Week 8–9: Hair Basics & Chemical Treatments

- Types of Hair
- Head Massage
- Heena Applying
- Mehndi
- Colouring & Highlighting
- Sticking
- Rebonding & Smoothening
- Keratin Hair
- Perming
- Hair Spa

Week 10: Hair Styling Techniques

- Crimping & Curling
- Straightening
- Hot Roller Setting
- Hair Cuts – All Types

Week 11: Makeup Fundamentals

- Types of Makeup
- Hair Styling
- Party Makeup
- Day & Evening Makeup
- Eye Makeup – Smokey Eyes
- Bridal Makeup
- HD Makeup
- Saree Draping & Dupatta Setting

Week 12: Additional Skills & Final Assessment

- Basic Nail Art
- Body Massage
- Body Polishing
- Home Care
- Practical Assessment
- Final Assessment

Learning Outcomes

After successful completion of the course, learners will gain practical skills in **basic skin care, threading, waxing, manicure and pedicure, facial treatments, beauty machines, hair care and chemical treatments, hair styling, makeup, nail art and basic body care services.**

The course is designed to provide hands-on training and prepare learners for opportunities in **beauty parlours, salons, beauty and wellness centres, makeup services, hair care services and self-employment.**

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